

April 2024

Lunch



Alternative	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
Ham & cheese sandwich w/fruit & veg of the day & milk	Seasoned chicken on a wg roll w/cheese & lettuce, steamed broccoli, fresh fruit & milk	Soft beef taco w/lettuce, sour cream & salsa, three bean salad, diced peaches & milk	Chicken patty on a wg roll, sliced carrots, applesauce & milk	Fish sticks & fries, mandarin oranges & milk	Make your own pizza, wax beans, fresh fruit & milk
	8	9	10	11	12
Turkey & cheese sandwich w/fruit & veg of the day & milk	Chicken & gravy over noodles, steamed broccoli, fresh fruit & milk	Chicken fajita, sour cream, salsa, lettuce, seasoned black beans, mandarin oranges & milk	Garlic bread sticks w/marinara, yogurt, sliced carrots, pineapple & milk	Pizza burger w/sauce, pepperoni, mozz cheese on a roll, oven fries, peaches & milk	Sliced pizza, green beans, fresh fruit & milk
	15	16	17	18	19
	Spring Recess	Spring Recess	Spring Recess	Spring Recess	Spring Recess
	22	23	24	25	26
Ham & cheese sandwich w/fruit & veg of the day & milk	Chicken nuggets w/parm noodles, seasoned broccoli, fresh fruit & milk	Beef & cheese nachos w/sour cream, salsa, corn & black bean salad, sliced peaches & milk	Pasta w/meat sauce, steamed carrots, fresh fruit & milk	Bacon burger w/cheese on a wg roll, oven fries, diced pears & milk	Make your own pizza, wax beans, fresh fruit & milk
	29	30	1	2	3
Chicken salad sandwich w/fruit & veg of the day & milk	Seasoned chicken, steamed brown rice, broccoli, diced peaches & milk	Cheese quesadilla, sour cream & salsa, three bean salad, pears & milk	Ham & cheese bagel melt, sweet potato fries, orange wedges & milk	Salisbury steak over noodles, steamed corn, applesauce & milk	Sliced pizza, green beans, fresh fruit & milk

All sandwiches are made using whole grain bread. Each lunch is served with a choice of 1% white, skim, 1% milk & low fat chocolate (children 5 & under can only be offered white milk skim or 1%). All meals are subject to change without notice.

All meals are served w/fruit. Breakfast requires grain, fruit & milk. Lunch is served with a grain, protein, fruit, vegetable & milk. If your child requires milk for a home meal the charge is .50 cents.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

*WG = whole grain

*HM = homemade.

*fixings = sour cream, salsa, lettuce shredded cheese